



**Adult Intake Form**

Today's Date: \_\_\_\_\_

**Office Use Only:** (DX) Axis I: \_\_\_\_\_  
Axis II: \_\_\_\_\_

**Identification**

Your Name: \_\_\_\_\_  
First MI Last Jr, Sr, etc.

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_ Sex: \_\_\_\_ Social Security #: \_\_\_\_\_

Home/Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Permission to leave voice message:  Yes  No Permission to leave text message:  Yes  No

Marital Status:  Single  Married  Divorced/Separated  Widowed  Other

**Insurance Information**

Insurance Company: \_\_\_\_\_ Member ID: \_\_\_\_\_

Insured's Name: \_\_\_\_\_ Group ID: \_\_\_\_\_

Insured's Date of Birth: \_\_\_\_\_ Copay:  Yes  No Amount: \$ \_\_\_\_\_

Relationship to Patient:  Self  Spouse  Parent/Guardian  Other

*BCBS Members Only:*

Have you previously been seen by a counselor?  Yes  No Number of times/last date \_\_\_\_\_

**Optional:**

**Employment**

Full time  Part time  Not currently employed

Your current employer: \_\_\_\_\_ Years of Service \_\_\_\_\_

**Marital Relationship History**

Spouse's name \_\_\_\_\_ M:Married D:Divorced W:Widowed

1. \_\_\_\_\_

2. \_\_\_\_\_

**Primary Care Physician**

Clinic/doctor's name: \_\_\_\_\_

Phone: \_\_\_\_\_

## Checklist of Concerns

Please mark all of the items below that apply.

- Abuse: verbal, emotional, physical, sexual
- Anger, hostility, arguing, irritability, temper outbursts, easily frustrated, aggression
- Alcohol, tobacco, drug use
- Anxiety, panic attacks, stress, stress management
- Attention, concentration, distracted, confusion, thought disorganization
- Career concerns
- Children, child management, child care, parenting, custody
- Chronic pain indicate where: \_\_\_\_\_
- Depression, loneliness, sadness, crying, isolation, low-energy, loss of interest
- Failure, inferiority, guilty feelings
- Fears, phobias
- Financial or money issues, debt, impulsive spending, gambling
- Friendships, interpersonal conflicts
- Grieving, death, loss, coping
- Health, illness, medical concerns
- Legal matters, charges, suits
- Men's Issues
- Marital conflict, divorce, separation, distance/coldness, infidelity/affairs, remarriage
- Personal childhood issues
- Religious issues/spirituality
- Self-esteem
- Self-harm, punishing yourself: verbally, physically (scratching, cutting)
- Sexual issues, dysfunctions, conflicts, desire differences
- Sleep: too much, too little, insomnia, nightmares
- Suicidal thoughts or actions
- Traumatic event
- Weight and diet issues, overeating, under eating, appetite, vomiting
- Women's issues
- Other concerns or issues:

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Which concern would you most like help with:

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